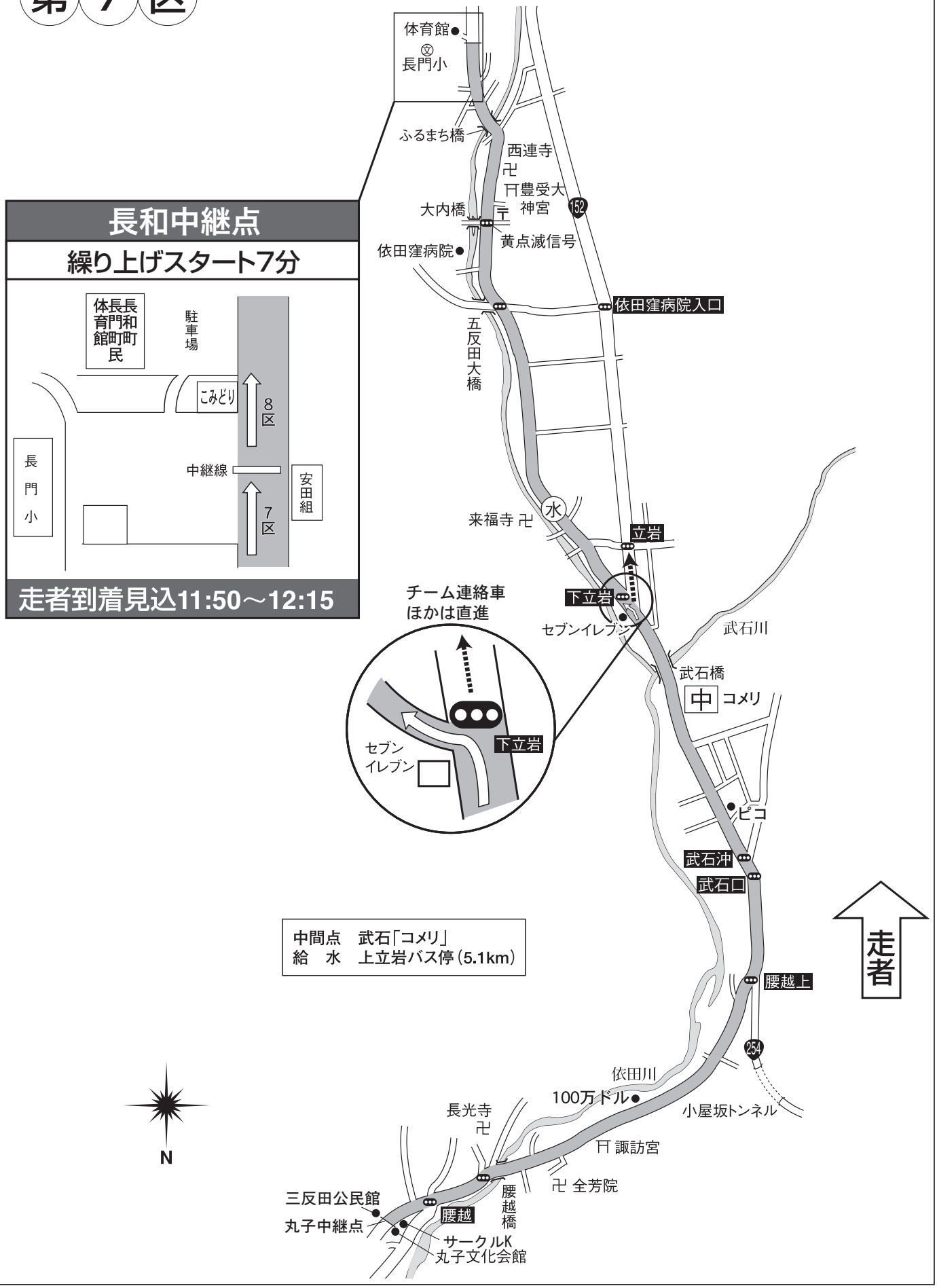第7区 丸子⇒長和 8.6km